

Freshmen First Quarter Credit Load Assessment

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Background

- Recent history of decline in first quarter credit loads.
- Problems
 - Enrollment management and meeting state budgeted FTE
 - Potential increase in time to degree
- Purpose of Focus Groups
 - To obtain student perceptions of reasons for taking fewer than 15 credits during their first quarter
 - To explore potential solutions to low credit loads in the first year of college at Western
 - To ascertain the impacts of taking low vs. high credit loads

Background

- Two Types of Factors
 - Personal Parameters
 - Student characteristics and life conditions
 - Can't change but may be able to develop programs to accommodate
 - Institutional Parameters
 - Advising, Scheduling, Course Credit Options, ...
 - Potentially changeable

Focus Groups

Methodology

- Construction of Groups and Sampling
 - Commonality based on shared academic ability and experiences with respect to credit loads
 - Ability: GPA & SAT Verbal (1 SD Above/Below Mean)
 - Credit Loads: 12-14 Credits/15 Credits or More
 - Within group variability for representativeness
 - Random selection of students sharing common group traits
 - Stratified sample to assure within group variability on key traits
 - College of Interest, Gender, Students of Color, Transfer Hours, FIG/FYE, Honors, Summer Start, Athletics, Credits

Focus Groups Methodology

- Group Composition
 - Four Groups Based on Ability and Credit Load
 - Low Credits/Low Ability (11)
 - Low Credits/High Ability (10)
 - High Credits/Low Ability (12)
 - High Credits/High Ability (13)
 - Four Special Groups
 - Low Credits/Undecided (11)
 - Low Credits/High Credit Transfers (11)
 - Low Credits/Math, Health, Science Major (13)
 - Low Credits/Business, Economics Major (10)

Focus Groups Methodology

- Content of Discussions
 - Registration Experiences
 - Academic Advising
 - Logistics of Registering
 - Potential Reasons for Low/High Credit Load
 - Academic Interest Area
 - Co-Curricular and Extra-Curricular Activities
 - Financial Concerns and Work Schedules
 - Academic and Social Confidence Levels
 - Transfer Credits
 - Impacts: Academic and Social Adjustment
 - Advice for Incoming Freshmen

Focus Group Findings

Registration Experiences and Reasons for Low/High Credit Loads

Focus Group Findings

Registration Experiences

- Low Credit Load Groups
 - Uncertainty about relationship between classes and credits
 - Sense of flexibility in credit load (12-15 credits)
 - All students knew the minimum for full time status
 - Developed a desirable schedule of 4-5 classes but < 15 credits
 - Advised to settle with fewer credits
 - Concern about personal and academic adjustment
 - Quality vs. Quantity
 - Scheduling conflicts inhibiting the addition of 2-3 credit course
 - Cancelled course or last minute change to lower credit course

Focus Group Findings

Registration Experiences

- High Credit Load Groups
 - Many students were focused on fulfilling requirements for their intended major and then “filling out” the rest of their schedule
 - More focused and efficient in selecting courses
 - Many music majors reached 15 through required courses
 - FIGS students only needed one course to get to 15 credits
 - Some with lower credit FIGs ended up with fewer than 15 credits
 - Advisors worked with several students to get to 15 credits
 - Some were advised that they could handle 15 or more
 - Some went below 15 credits after classes started because one class was too difficult

Focus Group Findings

Impact of Early Academic Advising

- Low Credit Load Groups
 - No encouragement to register for 15 or more
 - Focus on the 12 credit minimum vs. 15 credit ideal
 - Many claim they were never told 15 was needed to graduate on time
 - Message that the average time to degree is more than 4 years
 - Advised not to register for too many credits (> 15)
 - Advised that credit load should fit workload and abilities
 - Family and friends advice often took precedence
 - Take lighter credit load to adjust; Don't take morning classes
- High Credit Load Groups
 - Only a few were encouraged by advisors to take full load
 - Many were advised that quality was more important
 - Parental advice to get their money's worth

Focus Group Findings

Impact of Registration Logistics

- Low Credit Load Groups
 - Difficult to piece together variable credit courses
 - Made more difficult by no standard set of time slots
 - Difficult to understand the whole process and select enough courses to reach 15 credits in such a short time period
 - Feeling “overwhelmed”, “rushed”
 - Difficult to find classes when the ones you want are filled
- High Credit Load Groups
 - Difficult to have less than 16 when courses in interest area are mostly 4 credit courses
 - Need to know tricks – like using PE courses to get credits to 15

Focus Group Findings

Impact of Academic Interest Area

- Low Credit Load Groups
 - Many prerequisites for some majors are 3 credit courses, making it difficult to put together a 15 credit schedule without taking at least 5 different courses.
 - Courses in some areas (science and math) are more difficult and may require more work than the credit value assigned.
 - Undecideds were more focused on types of courses vs. credits
 - Opportunities to explore potential majors through GURs
 - Many undecideds advised to drop course because > 15 credits
 - Dropping a 3 or 4 credit course \rightarrow Less than 15 credits
 - Many undecideds advised to take fewer credits to adjust to workload and develop good study habits

Focus Group Findings

Impact of Academic Interest Area

- Math/Science/Health/Business/Economics: Perceived difficulty of classes made the number of classes more important than credit values
 - Many first year classes in these interest areas are low credit value courses involving higher workload than credits assigned
- Math/Science/Health/Business/Economics: Advisors emphasized doing well vs. full credit loads
 - Difficulty level of courses
 - Need to establish good GPA for later graduate/professional school placement
- Math/Science/Health/Business/Economics: Fewer choices that don't conflict with other course options outside interest area
 - Non-standard scheduling

Focus Group Findings

Impact of Academic Interest Area

- High Credit Load Groups
 - Strong motivation to complete pre-requisites prior to registering in more advanced courses in major → Higher credit loads

Focus Group Findings

Impact of Extra-Curricular Activities

- Low Credit Load Groups
 - Athletics and expected social club engagement had modest impact on reducing credit loads
 - Most students didn't think these activities had any effect because they didn't get involved in them until after school started.
- High Credit Load Groups
 - Involved in activities but it had no effect on credit loads

Focus Group Findings

Impact of Financial Concerns & Work

- Low Credit Load Groups
 - Neither financial strain nor difficulties juggling work and school were perceived to be important in choosing a less than full credit load.
- High Credit Load Groups
 - Concern about “making the most out of their money” lead some in these groups to register for full loads or more.
 - Some had scholarships requiring 15 credit loads.

Focus Group Findings

Impact of Academic/Social Confidence

- Low Credit Load Groups
 - Many felt a lack of academic and social self-confidence led to lower credit loads
 - Many were concerned about how much school work would be involved and whether or not they were ready for it
 - A particular concern among students with AP credits
 - Some were warned by AP teachers
- High Credit Load Groups
 - Much higher levels of self-confidence and successful experiences meeting college level course expectations
 - Running Start and AP Credit Students

Focus Group Findings

Impact of Transfer Credits

- Low Credit Load Groups
 - Most **didn't** take AP or RS credits in high school in order to finish their college degree sooner
 - Other Reasons: More interesting than other HS courses; Opportunity to experience what college might be like
 - Many students with transfer credits felt as though it gave them more flexibility to take lower loads
 - Some saw their transfer credits as giving them a head start, but not necessarily for graduating much earlier.
 - Concern about making a good adjustment to college
 - Advisors reinforced this perception
- High Credit Load Groups
 - Many students in these groups with high credit loads said that their college level credits prepared them better for taking a full load.

Focus Group Findings

Impacts of Low/High Credit Loads on First Year Adjustment

Focus Group Findings

Academic and Social Adjustment

- Low Credit Load Groups
 - Low credit load not seen as a reason for not doing well
 - Time of day (early morning) and spacing of classes (far apart) were more problematic
 - Many planned to catch up by taking CC courses in summer
 - Many saw taking fewer credits to be a benefit – academically and socially
 - Fewer than 15 credits was seen as reducing stress
 - More time to do other things

Focus Group Findings

Academic and Social Adjustment

- High Credit Load Groups
 - Many initially experienced difficulties (academic and social) but then were able to adjust.
 - Problems stemmed from poor study habits and poor time management skills more than credit load.
 - FIGs was credited with being helpful in managing high credit loads
 - Study skills
 - Social connections
 - Contact with professors

Summer Start Advisors Comments

Focus Groups

Advisors Comments

- Reasons for advising less than 15 credits
 - Students often come into SS with planned schedule of 4 courses worth 13-14 credits
 - Difficult to advise student to replace desired course to get to credit value of 15
 - Parents and friends collaborated before hand
 - Limited time for advising large groups of students leads to “settling” for 13-14 credits
 - Strategy of finding 1 or 2 credit class (PE) to “fill out” credit load only works if enough of these classes are available
 - Class difficulty and class work loads exceeding credit value
 - Philosophy, History, English
 - Student abilities (Math Scores; GPA)

Focus Groups

Advisors Comments

- Difficult to pressure student if transferring in college credits and feels like there is a cushion
- Student plans extracurricular activities (e.g., athletics)
- Concern about students acclimation to college
- Certain majors have pre-requisites in first quarter that don't add up to 15 credits (e.g., Music Vocal majors)
- Many students have been told by others (parents, friends) to be careful about getting too committed their first quarter

Focus Groups

Advisors Comments

- Problem of variable credit values
 - Many 3 and 4 credit courses in some fields makes it difficult to add additional course without going over 15 credits.
 - Especially problematic if 4 credit courses are challenging
 - ENG101, CHEM101, BIO101
 - Three-credit labs make scheduling additional courses problematic
 - Harder to put together 15 credit schedule of 5 courses vs. 4
 - Two alternative solutions
 - More 5 credit courses and fewer 4 credit courses
 - More 2 and 3 credit courses as fillers

Focus Groups

Advisors Comments

- Problem of logistics of registration at SS – Too little time
 - Students do not appear to absorb much of the information presented during Power Point presentation
 - Too few sections available in popular courses at popular times
 - Spanish, English, Math
 - Could use more 2 and 3 credit courses in areas of interest
- Problem of low self-confidence
 - Direct students to FIG or FYE Seminar
 - Focus more on interests and strengths vs. credit load
 - Look for smaller classes even if credit value is lower
 - Encourage remedial courses (e.g., MATH99)
 - Suggest objectively strong students to challenge themselves

Policy Implications and Suggestions

Policy Implications and Suggestions

- Summer Start Organization and Advising
 - Increase time for course planning and registering during Summer Start to reduce pressure and enhance processing of information
 - New two day sessions should help students find a full schedule*
 - Better training of Student Advisors (ASAs) to push 15 credit ideal
 - Stronger message from advisor without back channel contradiction from ASAs*
 - Preregistration for ENG101 and MATH might also reduce time pressure to find full credit load
 - Better education about course-credit relationship
 - Encourage registration for 17credits to leave room to drop*
 - May have more negative consequences than positive ones
 - Recognize the needs and abilities of students and advise to meet students' needs vs. arbitrary credit load values*

Policy Implications and Suggestions

- Curriculum Changes

- More uniformity in course credit values to make it easier to put together a 15 credit schedule without going over
 - Especially more 5 credit courses and fewer 4 credit courses*
- More FIGs with high credit value to facilitate registration for full credits and address low confidence issues*

- Scheduling Changes

- More seats in popular 5-credit first year courses during Fall term*
 - Especially in prime time slots*
- More 1 and 2 credit classes to help fill gaps
- More block scheduling and strategic lab scheduling

Policy Implications and Suggestions

- Other Changes
 - Work to get more “buy in” to the 15 credit ideal among students AND parents*
 - Emphasize the cost of their education more*
 - Work with HS AP and CC Running Start instructors and advisors to emphasize the 15 credit load as realistic and build confidence levels prior to college.